

# EVERGREEN KARATE

*Leaders in Personal Achievement*

*Class schedule—Valid September 1<sup>st</sup>-December 31<sup>st</sup>, 2014*

Lil' Dragons Karate		Youth Karate		Teen & Adult Karate	
Monday	5:15-6:00 PM	Monday & Wednesday	4:15-5:00PM Beginners	Monday & Wednesday	6:00-7:00 PM (Green Stripe-Brown)
Tuesday	4:15-5:00PM		4:15-5:00PM Intermediate (Gold-Blue)		6:00-7:00 PM (Ichi Kyu)
Wednesday	5:15-6:00 PM		5:15-6:00PM Intermediate (Gold-Blue)		7:00-8:00 PM (Black Belts)
Thursday	4:15-5:00 PM	Tuesday & Thursday	5:15-6:00PM <b>NEW!</b> Advanced Youth (Purple-Green)	Tuesday & Thursday	7-8pm Beginner/ Intermediate Adults
			6:15-7pm Beginners/ Intermediate		

Lil' Dragons Jiu Jitsu		Youth Jiu Jitsu		Adult Jiu Jitsu	
Thursday	4:30 - 5:15 PM	Tuesday & Thursday	5:15-6:00 PM	Monday/Wednesday Thursday/Friday (Adult Advanced)	8:00-9:00 PM with Open Mat Sparring 9-10pm
		Tuesday & Friday	4:30 - 5:15 PM	Tues./Thurs. (Adult Fundamentals)	Noon-1pm
		Friday (Adv. Youth)	5:15 - 6:00 PM	Wednesday & Friday (Adult Fundamentals)	7-8pm
				Saturday	10-11am/All Levels 11-11:30/Open Mat

Evergreen Karate / **NEW LOCATION!** 10121 Main Street Bothell, WA 98011/  
425-486-4105/sensei.evergreenkarate@gmail.com